

Guide to Breastfeeding Support Services in San Joaquin County

BREASTFEEDING HELPLINES

Dameron Hospital
(209) 944-5550, ext. 3375 or 3792

Kaiser Stockton
(209) 476-3513
(For Kaiser members only)

La Leche League
1-877-4-LALECHE
24 hr. toll free helpline service
(if unable to reach a local Leader)

Lodi Memorial Hospital
(209) 339-7522

**National Women's Health Center
Breastfeeding Helpline**
1-800-944-9662
Mon.-Fri. 9am-6pm EST

St. Joseph's Nurse Call Center
(209) 939-4525

**Sutter Tracy Community Hospital
Baby Bungalow**
(209) 833-2419

**San Joaquin County Public
Health Services
Maternal, Child, and Adolescent
Health (MCAH)**
Information on health programs
and services throughout the county
(209) 953-3675
(800) 698-2304

BREASTFEEDING SUPPORT GROUPS

Kaiser Stockton
"Mom and Baby Club"
Meets 2nd Wed. of each month
(209) 476-6331

St. Joseph's Medical Center
"Mother-Baby Breast Connection"
Meets each Wednesday
(209) 467-6331

BREASTFEEDING SUPPORT GROUPS

**Sutter Tracy Community
Hospital- Healthy Connections
Resource Center**
"Mommy and Me"
Tuesdays from 11:30-1:30 pm
Wednesdays from 5:30-7:00 pm
(209) 833-2420

"Mami y Yo"
Los lunes a las 1:00-2:00 pm
(209) 833-2420

**La Leche League Group
Meetings**
La Leche League of Lodi
Meets 3rd Tuesday of each month
St. Paul's Lutheran Church
Room 209 at 9:30 am
(209) 931-1564
(209) 763-2700

La Leche League of Stockton
Meets 1st Thursday of each month
Quail Lakes Baptist Church
Room A118 at 9:30 am
(209) 931-4309
(209) 474-8084

Community Medical Centers
"Breastfeeding Chat- English"
Mondays 1:15-2:15 pm
(209) 870-5000

"Charlar Sobre Lactancia"
Lunes 10:00-11:00 am
(209) 870-5000

Delta Health Care WIC
"Moms Helping Moms"
Wednesdays 1:30-2:30 pm
(209) 751-3904

"A Place of Our Own"
Wednesdays 3:30-4:30 pm
(209) 751-3904

"MAMAS Unidas"
Viernes 1:30-2:30 pm
(209) 751-3905

PROFESSIONAL LACTATION CONSULTATIONS

Delta Health Care-WIC
(For DHC WIC clients only)
(209) 477-0378

Holly Newman, BSN, RN, IBCLC
Private Practice
In-Home Lactation Consulting
Lodi/Stockton Area
www.lodilactation.com
(209) 712-7304

Kaiser Stockton
(For Kaiser members only)
(209) 476-3513

**San Joaquin County Public
Health Services WIC**
(For SJCPHS WIC clients only)
(209) 468-0373

**Sutter Tracy Community Hospital
Baby Bungalow**
Open to the community
(209) 833-2419
Mon.- Fri. 11:30 am-1:30 pm

LA LECHE LEAGUE LEADERS

La Leche League USA
www.lllusa.org

Lodi
Erin (209) 727-5894
Karen (209) 931-1564
Susan (209) 763-2700

Manteca
Amy (209) 599-7491
Tamara (TJ) (209) 594-0731

Stockton
Kirsten (209) 474-8084
Patricia (209) 327-9880
Rebecca (209) 931-4309
*(Rebecca también le puede atender
en español)*

Tracy
Marintha (209) 207-9537

PUMP RENTALS/SALES

Kaiser Health Education Dept.

***Pump rentals only for Kaiser members. Pump sales open to all.*

Kaiser Manteca

1721 W. Yosemite Ave.
Manteca, CA 95337
(209) 824-5070

Kaiser Stockton

7373 West Lane
Stockton, CA 95210
(209) 476-3299

Kaiser Tracy

2185 W. Grant Line Rd.
Tracy, CA 95377
(209) 839-6130

Dameron Linacia Pharmacy

420 W. Acacia St.
Stockton, CA 95203
(209) 466-2954

Lodi Memorial Hospital Home Medical Equipment

1115 S Fairmont Ave.
Lodi, CA 95240
(209) 339-7610

St. Joseph's Medical Center Pharmacy- Home Support Services

***For SJMC patients only.*
1800 N. California St.
Stockton, CA 95204
(209) 461-5486

Sutter Tracy Community Hospital Baby Bungalow

1420 N. Tracy Blvd.
Tracy, CA 95376
(209) 833-2419

BREASTFEEDING CLASSES

Dameron Hospital

(209) 242-7074

Kaiser Health Education Dept.

Stockton- (209) 476-3299

Manteca – (209) 824-5070

Tracy- (209) 839-6130

Classes open to the public.

Lodi Memorial Hospital

(209) 339-7520

St. Joseph's Medical Center

(209) 461-5213

Sutter Tracy Community Hospital

(209) 833-2321

WIC PROGRAMS

LODI

Community Medical Centers

Woodbridge Medical Group
2401 W. Turner Rd., #470
Lodi, CA 95242
(209) 370-1760

Delta Health Care

318 S. Crescent Ave.
Lodi, CA 95240
(209) 370-6850

MANTECA

San Joaquin County Public Health Services

124 Sycamore Lane
Manteca, CA 95336
(209) 823-7104
(Tues., Thurs., & Fri.)

STOCKTON

Community Medical Centers

425 N. California St., #7
Stockton, CA 95202
(209) 870-5000

Delta Health Care

4662 Precissi Ln., Suite 500
Stockton, CA 95207
(209) 444-8600
(209) 444-8600—Sierra Vista
(209) 644-8629—West Lane Oaks
Center
(Peer Counselor Program available)

San Joaquin County Public Health Services

1145 N. Hunter St.
Stockton, CA 95202
(209) 468-3280

TRACY

Community Medical Centers

728 S. Central
Tracy, CA 95376
(209) 820-1550

San Joaquin County Public Health Services

205 W. Ninth St.
Tracy, CA 95376
(209) 831-5930 (Mondays)

WEBSITES

www.4woman.gov Women's Health
U.S. Department of Health and
Human Services

www.aap.org American Academy of
Pediatrics

www.asklenore.info Resource for
adoption and surrogacy

www.babyfriendlyusa.org Baby
Friendly Initiative USA

www.bestforbabes.org Support for
today's breastfeeding woman

www.bfar.org Breastfeeding After
Breast and Nipple Surgeries

www.bfmed.org Academy of
Breastfeeding Medicine

www.breastfeedforall.org Mothers'
Breastfeeding Stories

www.breastfeeding.com

Breastfeeding FAQ's

www.breastfeedingcoalition.org

SJ County Breastfeeding Coalition

www.californiabreastfeeding.org

California Breastfeeding Coalition

<http://cdph.ca.gov/Breastfeeding>

State of CA website- extensive links

www.iblce.org International Board of

Lactation Consultant Examiners

www.ibreastfeeding.com Hale

Publishing—Free pamphlets

www.ilca.org International Lactation
Consultant Association

www.drjacknewman.com Video clips
and handouts from MD expert

www.kellymom.com Breastfeeding
and Parenting

www.llli.org La Leche League
International

www.sanjossemilkbank.com

Mothers' Milk Bank

<http://neonatal.ama.ttuhs.edu/lact/>

Breastfeeding Pharmacology—Dr.

Thomas Hale (Medications and

Mother's Milk)

www.wicworks.ca.gov California

WIC Program

Brought to you by:



**The Breastfeeding Coalition
Of San Joaquin County
P.O. Box 4806**

Stockton, CA 95204

www.breastfeedingcoalition.org

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