

# Guide to Breastfeeding Support Services in San Joaquin County

## **BREASTFEEDING HELPLINES**

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**Dameron Hospital**  
(209) 944-5550, ext. 3375 or 3792

**Kaiser Stockton**  
(209) 476-3513  
(For Kaiser members only)

**La Leche League**  
1-877-4-LALECHE  
24 hr. toll free helpline service  
(if unable to reach a local Leader)

**Lodi Memorial Hospital**  
(209) 339-7522

**National Women's Health Center  
Breastfeeding Helpline**  
1-800-944-9662  
Mon.-Fri. 9am-6pm EST

**San Joaquin County Public  
Health Services**  
(209) 468-0373  
(Spanish-speaking counselors  
available)

**St. Joseph's Nurse Call Center**  
(209) 939-4525

**Sutter Tracy Community Hospital  
Baby Bungalow**  
(209) 833-2419

**San Joaquin County Public  
Health Services  
Maternal, Child, and Adolescent  
Health (MCAH)**  
Information on health programs  
and services throughout the county  
(209) 953-3675  
(800) 698-2304

**Outside of San Joaquin County  
Kaiser South Sacramento**  
(916) 688-6676  
(For Kaiser members only)

**The Lactation Station at Sutter  
Medical Center Sacramento**  
(916) 733-1441

## **PROFESSIONAL LACTATION CONSULTATIONS**

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**Delta Health Care-WIC**  
(For DHC WIC clients only)  
(209) 477-0378

**Holly Newman, BSN, RN, IBCLC**  
Private Practice  
In-Home Lactation Consulting  
Lodi/Stockton Area  
[www.lodilactation.com](http://www.lodilactation.com)  
(209) 712-7304

**Kaiser Stockton**  
(209) 476-3513  
(For Kaiser members only)

**San Joaquin County Public  
Health Services WIC**  
(For SJCPHS WIC clients only)  
(209) 468-0373

**Sutter Tracy Community Hospital  
Baby Bungalow**  
Open to the community  
(209) 833-2419  
Mon.– Fri. 11:30 am-1:30 pm

## **LA LECHE LEAGUE LEADERS**

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**La Leche League USA**  
[www.lllusa.org](http://www.lllusa.org)

**Lodi**  
Karen (209) 931-1564  
Susan (209) 763-2700

**Manteca**  
Amy (209) 599-7491

**Stockton**  
Kirsten (209) 474-8084  
Rebecca (209) 931-4309  
(Rebecca también le puede atender  
en español)

## **BREASTFEEDING SUPPORT GROUPS**

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**Kaiser Stockton**  
“Mom and Baby Club”  
Meets 2<sup>nd</sup> Wed. of each month  
(209) 476-6331

**St. Joseph's Medical Center**  
“Mother-Baby Breast Connection”  
Meets each Wednesday  
(209) 467-6331

**Sutter Tracy Community  
Hospital- Healthy Connections  
Resource Center**  
“Mommy and Me”  
Tuesdays from 12:30-2:00 pm  
Wednesdays from 5:30-7:00 pm  
(209) 833-2420

“Mami y Yo”  
Los jueves a las 12 del mediodía  
(209) 833-2420

**La Leche League Group  
Meetings**  
La Leche League of Lodi  
Meets 3<sup>rd</sup> Tuesday of each month  
St. Paul's Lutheran Church  
Room 209 at 9:30 am  
(209) 931-1564  
(209) 763-2700

La Leche League of Manteca  
Meets 2<sup>nd</sup> Wed. of each month  
10:15 am-12:00 pm  
(209) 599-7491

La Leche League of Stockton  
Meets 1<sup>st</sup> Thursday of each month  
Quail Lakes Baptist Church  
Room A118 at 9:30 am  
(209) 931-4309  
(209) 474-8084

**Delta Health Care WIC**  
“Moms Helping Moms”  
Meets 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Wednesdays  
(209) 751-3904

“A Place of Our Own”  
Meets 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Wednesdays  
(209) 751-3904

“MAMAS Unidas”  
Cada viernes  
(209) 751-3905

## **PUMP RENTALS/SALES**

### **Kaiser Health Education**

#### **Department**

\*\*Pump rentals only for Kaiser members. Pump sales open to all.

#### **Kaiser Manteca**

1721 W. Yosemite Ave.  
Manteca, CA 95337  
(209) 824-5070

#### **Kaiser Stockton**

7373 West Lane  
Stockton, CA 95210  
(209) 476-3299

#### **Kaiser Tracy**

2185 W. Grant Line Rd.  
Tracy, CA 95377  
(209) 839-6130

#### **Dameron Linacia Pharmacy**

420 W. Acacia St.  
Stockton, CA 95203  
(209) 466-2954

#### **Lodi Memorial Hospital Home Medical Equipment**

1115 S Fairmont Ave.  
Lodi, CA 95240  
(209) 339-7610

#### **Sutter Tracy Community Hospital**

##### **Baby Bungalow**

1420 N. Tracy Blvd.  
Tracy, CA 95376  
(209) 833-2419

## **BREASTFEEDING CLASSES**

#### **Dameron Hospital**

(209) 242-7074

#### **Kaiser Health Education Dept.**

**Stockton-** (209) 476-3299

**Manteca** – (209) 824-5070

**Tracy-** (209) 839-6130

Classes open to the public.

Stockton location also offers classes in Spanish.

#### **Lodi Memorial Hospital**

(209) 339-7520

#### **St. Joseph's Medical Center**

(209) 461-5213

#### **Sutter Tracy Community Hospital**

(209) 833-2321

## **WIC PROGRAMS**

### **LODI**

#### **Community Medical Centers**

Woodbridge Medical Group  
2401 W. Turner Rd.  
Lodi, CA 95242  
(209) 368-1683

#### **Delta Health Care**

318 S. Crescent Ave.  
Lodi, CA 95240  
(209) 369-3066

### **MANTECA**

#### **San Joaquin County Public Health Services**

124 Sycamore Lane  
Manteca, CA 95336  
(209) 823-7104  
(Tues., Thurs., & Fri.)

### **STOCKTON**

#### **Community Medical Centers**

425 N. California St., #7  
Stockton, CA 95202  
(209) 870-5000

#### **Delta Health Care**

4662 Precissi Ln., Suite 500  
Stockton, CA 95207  
(209) 444-8600  
(209) 444-8600—Sierra Vista  
(209) 644-8629—West Lane Oaks Center  
(Peer Counselor Program available)

#### **San Joaquin County Public Health Services**

1145 N. Hunter St.  
Stockton, CA 95202  
(209) 468-3280

### **TRACY**

#### **Community Medical Centers**

728 S. Central  
Tracy, CA 95376  
(209) 833-6052

#### **San Joaquin County Public Health Services**

205 W. Ninth St.  
Tracy, CA 95376  
(209) 831-5930 (Mondays)

## **WEBSITES**

[www.4woman.gov](http://www.4woman.gov) Women's Health U.S. Department of Health and Human Services

[www.aap.org](http://www.aap.org) American Academy of Pediatrics

[www.asklenore.info](http://www.asklenore.info) Resource for adoption and surrogacy

[www.babyfriendlyusa.org](http://www.babyfriendlyusa.org) Baby Friendly Initiative USA

[www.bfar.org](http://www.bfar.org) Breastfeeding After Reduction

[www.bfmed.org](http://www.bfmed.org) Academy of Breastfeeding Medicine

[www.breastfeedforall.org](http://www.breastfeedforall.org) Mothers' Breastfeeding Stories

[www.breastfeeding.com](http://www.breastfeeding.com) Breastfeeding FAQ's

[www.breastfeedingcoalition.org](http://www.breastfeedingcoalition.org)

SJ County Breastfeeding Coalition

[www.californiabreastfeeding.org](http://www.californiabreastfeeding.org)

California Breastfeeding Coalition

[cdph.ca.gov/Breastfeeding](http://cdph.ca.gov/Breastfeeding) State of California website- extensive links

[www.iblce.org](http://www.iblce.org) International Board of Lactation Consultant Examiners

[www.ibreastfeeding.com](http://www.ibreastfeeding.com) Hale Publishing—Free breastfeeding pamphlets

[www.ilca.org](http://www.ilca.org) International Lactation Consultant Association

[www.drjacknewman.com](http://www.drjacknewman.com) Video clips and handouts from MD expert

[www.kellymom.com](http://www.kellymom.com) Breastfeeding and Parenting

[www.llli.org](http://www.llli.org) La Leche League International

[www.milkbanksj.org](http://www.milkbanksj.org) Mothers' Milk Bank at Santa Clara Valley Medical Center

<http://neonatal.ama.ttuhs.edu/lact/>

Breastfeeding Pharmacology—Dr. Thomas Hale (Medications and Mother's Milk)

[www.wicworks.ca.gov](http://www.wicworks.ca.gov) California WIC Program

Brought to you by:



**The Breastfeeding Coalition  
Of San Joaquin County**

**P.O. Box 4806**

**Stockton, CA 95204**

**[www.breastfeedingcoalition.org](http://www.breastfeedingcoalition.org)**

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